

Booking Form – Training of Teachers Course

The Inkpot, Gorse Drove, Scredington, Lincolnshire NG34 0AH Saturday 24th August (5pm) to Monday 2nd (5pm) September 2024

Thank you for your enquiry about our Training of Permaculture Teachers Course. Please complete this booking form as fully as possible. Further details such as directions, and what to bring, will be sent to you with confirmation of your booking.

Introduction

If you've ever wanted to inspire others but haven't had the confidence this course is for you. It's suitable for all abilities: both apprentice and experienced teachers and also for those who have just completed their Permaculture Design course (PDC). During the course we will be focusing on the tools and techniques for teaching and facilitating permaculture learning and the practicalities of convening and running courses. We won't be revisiting the topics on a PDC in any depth and so it's recommended that you do some preparatory revision before the course.

The ToT will concentrate on permaculture training but the techniques covered can be applied to any other subject, and hence the course would be valuable for any teacher wanting to expand their creative teaching techniques. The course will be lively and interactive on all levels using plenty of diversity in teaching styles. We intend to use the course as a working example of how much can be achieved in a short course using accelerated learning techniques. We will be looking at the whole process of running a course – from finding a venue and course publicity to evaluation and follow up.

We aim to empower people to realise their own skills as facilitators and will be using methods for building confidence of the participants throughout. This will culminate in each participant giving two micro teaches to put into practice what they have learnt. Our aim is to support participants on their teaching career beyond the ToT. There will be opportunities for apprentice teaching with the teachers on PDCs, and we would be willing to come and teach on introductory and full permaculture courses that participants convene in their local area.

The Venue

The Inkpot is a working 150-acre organic, regenerative farm on a distributed network of fields and a demonstration permaculture LAND Centre. It's also the home of Hannah Thorogood and family. The course will be held on the home field. On-site there may be sheep, chickens, cows, turkeys, dogs, bees and also a small vegetable garden, a small forest garden and a 3000-tree windbreak around the circumference of the field that makes a nice walk. Our classrooms will be the 24-foot, round, oak-framed reciprocal roof field shelter with an additional break-out, dining, office space at the top of the field. We're likely to be outside for many sessions and may use other spaces open to lots of fresh air, so please do consider this when packing! Even in summer, long grass can get very wet, so boots and waterproofs, an extra layer or two etc. will be a good idea.

The course covers these three aspects of teaching:

1. Course and Session Design

Participants will learn how to:

- Plan course programmes (e.g. an annual teaching programme, daily schedules) in harmony with the rhythms and cycles of nature, to optimise quality teaching and learning.
- Produce lesson plans, which include the necessary components of: learning objectives, content, method, and evaluation process.
- Design and deliver effective presentations, of various lengths, to different target audiences, including fast-track conveying of permaculture basics.
- Set up the space (environment and topic 'warm-in') for powerful and effective learning / teaching.
- Design sessions appropriate for different sized groups and use effective group-work skills.

2. Creative Teaching Tools and Techniques

Participants will learn how to:

- Gain the confidence and competence to facilitate and teach permaculture.
- Use many creative teaching and learning techniques.
- Use a variety of teaching strategies that promote student-centred learning.
- Teach with consideration for 'multiple intelligences' and 'learning styles' (e.g. visual, kinesthetic, auditory).
- Apply participation, motivation and inclusion methods.
- Use techniques designed to assist students in retaining learning.
- Develop strategies for coping with students with different learning styles, levels and diverse needs.
- Identify stages in a group's development and teach / facilitate appropriately.
- Apply different strategies suitable for teaching in a variety of environments.

3. Course Logistics

Participants will learn how to:

- Be a part of an effective permaculture design course team (lead tutor, support person, convener).
- Set up, finance and market a standard permaculture design course, as well as specific 'target group' workshops and presentations.
- Budget for courses, set fees and form contracts.
- Issue certificates and diplomas.
- Participate in a national and international learning community of permaculture educators.
- Work with the WEA (Workers Educational Association) who are able to provide financial assistance with courses.

The Teachers

difference in all our lives".

Aranya *Dip.Perm.Des.* first came across permaculture back in the late 1980s, being fortunate enough to meet one of the first designers working in this country. He found the subject full of common sense ideas that immediately inspired him to apply the principles in his own life. During the 1990's he regularly lectured and debated on environmental issues in schools and colleges and in the media for a national campaigning group over a period of five years. He completed the 72 hour Design Course in 1996, and the Diploma in Applied Permaculture Design in 2003, after which he began to teach. This he discovered was something that made his heart sing, so he made it his main focus. Since 2004 he has taught over 100 two-week design courses, something he has no intention of stopping, feeling it a privilege to have the opportunity to teach "something that can make a real

Aranya has been involved with the <u>Permaculture Association</u> in a variety of ways since 2000. He is excited about new ways in which permaculture thinking can help us, developing new courses using its principles to help design, amongst other things, for optimising our health, and creating ethical livelihoods. His popular book Permaculture Design: a step-by-step Guide was published in Spring 2012 and since translated into six languages. He's currently involved in co-ordinating a number of other projects, including writing a second book, about a subject he's especially fascinated by – the application of natural patterns and systems thinking in Permaculture Design. Aranya's website: www.learnpermaculture.com

Hannah Thorogood Dip.Perm.Des. Hannah is a permaculture farmer, designer and teacher. She's set up and runs her own 150-acre permaculture demonstration farm in Lincolnshire, The Inkpot. She's taken the farm from a depleted 18 acre, compacted, toxic arable field into the diverse, abundant farm it is today demonstrating permaculture, regenerative agriculture and producing nationally award-winning farm.

Hannah is a senior tutor with the permaculture diploma system and was one of the lead designers in creating the current system and she co-designed and

leads the tutor training within that system. She has also been teaching permaculture design courses since 2002 and permaculture teacher training courses since 2007. She has a reputation for creating a very accepting and fun learning environment, putting people from all backgrounds at ease to enjoy their learning together.

She has a BSc in Environmental Studies from Manchester University and an MSc Organic Farming from Scottish Agricultural College. She also loves to knit and crochet using her own Inkpot wool.

Attendance

We commit to delivering to you a diverse and comprehensive, positive educational experience. We ask you to commit to attend the whole course. We do however understand that exceptional circumstances may prevent this, in which case we ask that you notify us before the course starts of any time you anticipate being absent.





Course culture

Empowerment is the essence of the course. We use practical and theoretical teaching methods to create a fun, lively and inclusive course. The course culminates in the microteach activity that helps to consolidate all of the learning.

Accreditation

Attendance of most sessions, plus participation in the design activity is necessary for accreditation. On successful completion of the course, you will be awarded the British Permaculture Association's internationally-recognised Training of Teachers certificate.

Dates and timings

The course will run from 5.00pm (please arrive by 4.00pm for a prompt start) on Saturday 24th August to 6.00pm on Monday 2nd September. There will be a day off mid-course on Thursday 29th.

Sessions start each day at 9.00am and continue on until the dinner around 6.30pm. We also have a light session many evenings, often a slideshow or video, to reinforce the day's learning. We have an hour and a half for both lunch and dinner, plus tea breaks each morning and afternoon.

Cost

The fees for this course are £895 (waged), £795 (low-waged), £695 unwaged/concessions This fee includes tuition, all food, camping, handouts, digital resources, and Permaculture Association (Britain)'s Training of Teachers certificate.

The non-residential rates are (as above): £745 / £645 / £545

<u>Please note:</u> There is a £25 'car tax' charge for those bringing their own vehicle to the venue - to encourage lift share and support people coming by public transport. Please take this into account when budgeting for the course.

Booking

To reserve your place, complete the attached booking form as fully as possible and send together with a **deposit of £150** to our address below. Any **remaining balance is to be paid by 27th July 2024**. Please make cheques payable to **'Aranya Gardens'** and send with the attached booking form to our address below. Keep this part of the form to refer back to later. Alternatively please email your booking form to <u>aranya@learnpermaculture.com</u> and I can email you details to make a bank transfer.

Cancellation Policy

A deposit of £150 is required to reserve your place, which we will hold for you until 4 weeks before the course start date, when any outstanding payment is due. This deposit is non-refundable unless it is necessary for us to cancel the course for any reason – including government–imposed social restrictions. Your place on the course is confirmed once full payment has been received.

Should you cancel, the training date selected is only transferable if at least 21 days' notice is given. The transfer fee is £50. Any replacement course must be taken within 24 months of the original booking and any difference in fees will need to be settled 4 weeks prior to the course start date. Payments are non-refundable for cancellations within the last 21 days, unless we're able to fill your place.

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Should we have to cancel, we will refund you in full and offer you the opportunity to transfer to a future course without having to pay a transfer fee.

We look forward to meeting you on the course.

Best wishes,

Aranya

To secure your place, please print out the attached form and send along with your payment/deposit to: Aranya, Learn Permaculture, South Trelowia Barns, Widegates, Looe, PL13 1QL, England

For more information on bookings / payments / course content: Contact Aranya or Jules – Tel: 01503 240946 or email <u>aranya@learnpermaculture.com</u>

For more information on course content / the venue / camping:

Contact Hannah at the Inkpot on 0780 181 4086 or hannah thorogood@hotmail.com



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1) Your contact details and needs

PLEASE WRITE CLEARLY OR TYPE INTO THE BOXES BELOW

Full Name:	
Name by which you'd like to be known:	
Please delete as appropriate:	Male / Female / Other
Address (including postcode):	
Telephone no / mobile no:	
Email:	
Emergency contact details while you are on the course: (name and phone number)	
Do you have any specific dietary needs?	
(N.B. The catering will be vegetarian with	
vegan/ gluten free options)	
Do you have any other needs?	
(e.g. mobility, learning difficulties)	

2) Your booking (please see cancellation policy above)

The fees for this course are £895 (waged), £795 (low-waged), £695 unwaged/concessions Non-residential rates (includes lunch and evening meal) are: £745 / £645 / £545

A deposit of £150 is required to reserve your place; the **remaining balance is to be paid by 27th July 2024**. Please make deposit cheques payable to '**Aranya Gardens**', and send them with this form to the address overleaf. Alternatively please email your booking form to <u>aranya@learnpermaculture.com</u> and ask for details to make a bank transfer.

Please fill in and tick as appropriate

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- I am paying £_____ and have enclosed / am sending the full amount with my booking.
- I am paying £_____ and have enclosed a £150 deposit, paying the outstanding amount by 27th July 2024.
- I am applying for one of the concessionary places and I enclose proof of means tested benefit / low income (please check there is still one available before sending us your form).

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3) How did you hear about the course? (Please state as precisely as possible so we can optimize publicity – if via the internet, please let us know the website if you can remember, thank you)

4) Your permaculture background:

Where did you do your permaculture design course (PDC)? Please state the venue(s) and the tutor(s).

What other courses of a related nature have you attended and when (e.g. organic gardening, community building etc.)?

What other related knowledge/experience/skills do you have?

5) Travel and Resources:

How are you planning to travel to the course?

We will be connecting all participants via email several weeks before the course starts so that you can all contact each other and arrange lift share/requests/offers. Would you like to be included in this information?

□ Yes

What other resources/skills might you be able to offer the group? (e.g. first aid, games, etc.)

6) Your expectations for the course

What are your reasons for joining the course? What do you hope to get out of it?

Your signature:

Date:

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